



The Royal St Lawrence Yacht Club

2022 Annual Regatta

Saturday, July 16th, 2022

Sailing Instructions (SIs)

[NP] Further to NOR 3.4, competitors are asked to register with the Race Committee, by texting (SMS) Crew Names, Sail # and Class to Race Officer Mr. Evert Bastet, 514 625 5625.

1 RULES

- 1.1 The event is governed by the rules as defined in *The Racing Rules of Sailing*.

2 CHANGES TO SAILING INSTRUCTIONS

- 2.1 Any change to the sailing instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

3 COMMUNICATIONS WITH COMPETITORS

- 3.1 Notices to competitors will be posted on the official notice board located at <https://www.rstlyc.qc.ca/index.php/en/on-the-water/sailing/official-notice-board-results>
- 3.2 On the water, the race committee intends to monitor and communicate with competitors on VHF radio channel 77.

4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed on the flag pole located in the centre of the front lawn.
- 4.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 45 minutes' in Race Signals AP.



5 SCHEDULE OF RACES

5.1 Three races are scheduled.

5.2 The scheduled time of the warning signal for the first race is 10h30 AM

5.3 No warning signal will be made after 1600.

6 CLASS FLAGS

6.1 The class flags are:

Division 1	PHRF 1 spinnaker and white sail, and PHRF 2 spinnaker and white sail.	Numeral Pennant 1 
Division 2	PHRF 3	Numeral Pennant 2 
Division 3	PHRF 2 and 3 White Sail	Numeral Pennant 3 

notes:

- PHRF 2 white sail boats may elect to participate in Division 1 or Division 3. Boats electing PHRF 1 white sail must advise the race committee. Boats must be either white sail or spinnaker for all races.

- All White Sail eligible boats must have a white flag affixed to their backstay.

6.2 When Numeral Pennant 7  is displayed as the warning signal, all classes will start together.

7 RACING AREA

7.1 The racing area will be west of AD18 (FLR).

8 COURSES

8.1 The diagram below in SI Addendum A shows the course, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.

9 MARKS

9.1 Marks are yellow inflatable cylinders.



9.2 A change mark will be an orange inflatable tetrahedron.

9.3 The starting pin shall be the leeward mark.

10 THE START

10.1 Races will be started using RRS 26 with the warning signal made 5 minutes before the starting signal.

10.2 The starting line is between a staff displaying an orange flag on the Race Committee vessel at the starboard end and the course side of the port-end starting mark.

10.3 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.

10.4 A boat that does not start within 4 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2.

11 CHANGE OF THE NEXT LEG OF THE COURSE

11.1 To change the next leg of the course, the race committee will use an orange inflatable tetrahedron, and/or move the finishing line to a new position.

12 THE FINISH

12.1 The finishing line is between a staff displaying a orange flag on Race Committee vessel and the course side of the finishing mark.

13 TIME LIMITS AND TARGET TIMES

13.1 The Mark 1 Time Limit, Race Time Limit (see RRS 35), and the Finishing Window are shown in the table below.

Mark 1 Time Limit	Race Time Limit	Finishing Window
30 min.	90 min.	30 min.

13.2 If no boat has passed the first mark within the Mark 1 Time Limit, the race will be abandoned.

13.3 The Finishing Window is the time for boats to finish after the first boat in that class sails the course and finishes. Boats failing to finish within the Finishing Window, and not subsequently retiring, penalized or given redress, will be scored Time Limit Expired (TLE) without a hearing. A boat scored TLE shall be scored points for the finishing place one more than the points scored by the last boat that finished within the Finishing Window. This changes RRS 35, A5.1, A5.2 and A10.



13.4 The Target Time is 45 minutes.

13.5 Failure to meet the Target Time will not be grounds for redress. This changes RRS 62.1(a).

14 HEARING REQUESTS

14.1 The protest time limit is 60 minutes after the last boat finishes the last race of the day or the race committee signals no more racing today, whichever is later.

14.2 Hearing request forms are available at:
https://www.racingrulesofsailing.org/protests/new?event_id=4437.

15 SCORING

15.1 The scoring system is the Low Point Scoring System.

15.2 1 race is required to be completed to constitute a series.

15.3 A boat's series score is the total of her race scores. This changes A2.1.

16 SAFETY REGULATIONS

16.2 A boat that retires from a race shall notify the race committee at the first reasonable opportunity.

17 TRASH DISPOSAL

17.1 Trash may be placed aboard official vessels.

18 PRIZES

18.1 Prizes will be awarded at the annual RStLYC Sailing Prizegiving.

19 RISK STATEMENT

19.1 RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury.
Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.



20 INSURANCE

- 20.1 Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of \$2,000,000.00 per incident or the equivalent.



SI ADDENDUM A

Start - 1 - 2 -1 - Finish

