

# Royal St. Lawrence Yacht Club

## Notice of Race (Amended)

### ***Myrtle Cook Trophy (SLVYRA Women's Championship)***

*Sunday, August 30, 2020*

#### **Rules**

The races will be governed by the rules as defined in **The Racing Rules of Sailing (RRS)**, wherein the sailing instructions are the RStLYC 2020 Standing Sailing Instructions (SSI) and any addenda thereto with respect to this event posted on the Official Notice Board.

#### **Eligibility and Entry**

This is an Open event for women crews sailing Sharks from SLVYRA member yacht clubs or sailing associations. **Competitors must register with the RStLYC Sailing Chairman at [scott@morgans.ca](mailto:scott@morgans.ca) prior to 17h00 Friday August 7 to be eligible** and confirm their presence with Race Committee Boat on the water prior to the first Warning Signal. To be eligible for the Myrtle Cook Trophy, each Shark must be skippered and crewed by women only.

#### **Crew limit**

To accommodate Covid-19 restrictions crew shall be limited to two women.

#### **Spinnakers (amended)**

Spinnakers will not be permitted to encourage wider participation.

#### **Schedule**

Four races are scheduled with three to count. If three or fewer races are sailed, all races will count. The first signal is planned for 1030.

#### **The Course**

Courses will be set west of AD 18 (FIR), and will be posted on the Race Committee boat course board.

#### **Prizes**

Prizes will be awarded following the racing in the bar or on the front lawn of the RStLYC.