

1 DISCLAIMER OF LIABILITY

- 1.1 The Organizing Authority for races governed by these Sailing Instructions is the Royal St. Lawrence Yacht Club (RStLYC). Competitors participate in the racing entirely at their own risk. See Rule 4, Decision to Race. The Organizing Authority will not accept any liability for material damage or personal injury sustained in conjunction with, or prior to, during, or after racing.

2 RULES

- 2.1 The races will be governed by the rules as defined in **The Racing Rules of Sailing (RRS) 2013-2016**.

3 ELIGIBILITY

- 3.1 Entries in Open Events must be helmed by a member in good standing of a recognized yacht club or sailing association. Advance registration may be required. Registration forms can be obtained at the RStLYC Office or on the Club website.
- 3.2 Entries in member-only events (hereinafter referred to as Club-Racing Events) can only be sailed by eligible participants. An eligible participant is defined as:
- A member in good standing of the Royal St. Lawrence Yacht Club; or
 - A non-member of the Royal St. Lawrence Yacht Club, who is visiting the Club as a guest (but no more than five times over the course of the year, in accordance with Club By-Laws); or
 - A non-member of the Royal St. Lawrence Yacht Club who is participating by virtue of the Crew Voucher System. Crew Vouchers are for positions on the boat and are not tied to specific individuals. Entries that rely on non-members to fill one or more crew positions on a regular basis can purchase sufficient Crew Vouchers to ensure that that all crewmembers on the boat are eligible to participate at all times.
- 3.3 All entries in Club-Racing Events must establish their eligibility by submitting a 2016 Crew Roster Form to the Club office, for the attention of the Sailing Secretary, prior to June 1, 2016, or prior to their first race of the season whichever is latest. Entries that fail to submit a properly completed Crew Roster Form prior to the applicable deadline will not be scored until they do so. Crew Roster Forms can be amended and additional Crew Vouchers can be purchased if circumstances change during the course of the sailing season.

Copies of the 2016 Crew Roster Forms will be posted on the Official Notice Board and on the website at www.rstlyc.qc.ca.

- 3.4 Entries racing in a PHRF or White Sail fleet shall have a valid St. Lawrence Yacht Racing Association (SLVYRA) handicap in order to be scored. For RStLYC Club-Racing Events only, a boat without a valid SLVYRA handicap will have its finish times recorded, but not scored, by the Race Committee for a Grace Period not to exceed two weeks. If a valid SLVYRA handicap is obtained by the end of the two-week period, the boat will be scored and the Grace Period results for its fleet will be adjusted accordingly. If a valid SLVYRA handicap is not obtained by the end of the two-week Grace Period, the boat will be scored DNS until a valid SLVYRA handicap has been supplied to the Race Committee (RC). Boats without a valid handicap should contact RStLYC handicapper Jason Taylor for assistance.
- 3.5 In order to be considered for scoring, all boats shall check in with the Race Committee Boat prior to the start for each event.
- 3.6 All entries in the Club Championships must be helmed by members in good standing of the Royal St. Lawrence Yacht Club and crewed by regular members of his or her crew.

4 NOTICES TO COMPETITORS

- 4.1 Notices to competitors will be posted on the Official Notice Board located on the Northeast side, ground floor of the main Clubhouse.

5 CHANGES TO SAILING INSTRUCTIONS

- 5.1 Any change to the sailing instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

6 SIGNALS MADE ASHORE

- 6.1 Signals made ashore will be displayed on the Club Flag Pole on the front lawn, or on the Race Committee Boat.
- 6.2 When flag AP with 2 sound signals, is displayed ashore, "1 minute" is replaced with "not less than 45 minutes" in the race signal AP.
- 6.3 When flag Y is displayed ashore, rule 40 applies at all times while afloat. This changes the Part 4 preamble.

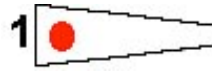
7 SCHEDULE OF RACES

- 7.1 See the RStLYC schedule as well as the Notice of Race and Addenda applicable to specific events posted on the Official Notice Board.

8 CLASS FLAGS

8.1 The class flags will be:

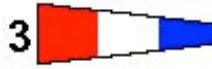
Laser 28



PHRF



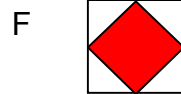
White Sail



Lightning

Lightning Flag

Fun Race



9 RACING AREAS

- 9.1 Keelboat events generally start west of AD18 (FIR) while dinghy events may start east or west of AD 18 (FIR). Check the Notice of Race and any Addenda posted on the Official Notice Board for event-specific racecourse locations.
- 9.2 When a designated course passes from the area to the west of AD18 (FIR) to the area east of AD18 (FIR), or vice versa, all yachts must pass between the yellow government yellow designated "VAL" and AD18 (FIR), commonly referred to as "The Gut".

10 THE COURSES

- 10.1 Course signals will be displayed on the Race Committee Boat by showing the drop mark name (see MARKS below) or number of the SLVYRA / government mark in order from left to right. Names or numbers displayed on a green background are to be rounded to starboard; those on a red background are to be rounded to port. The placard '2X' displayed after a set of names or numbers means that part of the course must be sailed twice around, a '3X' means three times around, etc.
- 10.2 For Club-Racing Events, the Laser 28 courses will be displayed on the starboard side of the Race Committee boat and the PHRF and White Sail courses will be displayed on the port side or stern (if White Sail sails an alternate course) of the Race Committee boat.
- 10.3 10.3 Alternatively, the race committee may signal race courses by course type as follows:

Course type	Committee Boat designation	Sequence of marks
Sausage	S	WOF
	Sx2	WOLWOF
	Sx3	WOLWOLWOF
Harry A.	HA	WOGMF
	HAx2	WOGMLMF
	HAx3	WOGMLWOF
Gold Cup	GC	WOGLWOF

The approximate mark layout is depicted below. Note that all marks are to be taken to port except M, which is always taken to starboard.

O W

G

M

L

S/F ----- RC

11 MARKS

11.1 Marks may be drop marks, Government Buoys or SLVYRA racing marks as shown on the Chart. Drop marks will be referred to by letters as follows:

W	Windward mark
O	Offset windward mark
G	Gybe mark
M	Midway mark
L	Leeward mark
LG	Leeward gate
F	Finish
X	Drop mark
CF	Club finish

12 THE START

- 12.1 The starting line will be between a staff displaying an orange flag on the Race Committee boat at the starboard end and the port-end starting mark, which is generally a drop mark.
- 12.2 There must be at least 3 boats to constitute a fleet and be accorded a start by the Race Committee.
- 12.3 A boat that crosses the starting line later than 10 minutes after her starting signal will be scored Did Not Start (DNS) without a hearing. This changes rule A4.

13 CHANGE OF THE NEXT LEG OF THE COURSE

- 13.1 To change the next leg of the course, the Race Committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.

14 THE FINISH

- 14.1 The finishing line will be between a staff displaying an orange flag on the Race Committee boat and the finishing mark.

15 PENALTY SYSTEM

- 15.1 For Club-Racing Events, rule 44.1 is changed so that the One-Turn Penalty replaces the Two-Turns Penalty.

16 TIME LIMITS AND TARGET TIMES

- 16.1 The time limits and/or target time, if any, will be specified in the Addendum for each specific event.

17 PROTESTS AND REQUESTS FOR REDRESS

- 17.1 Protest forms are available in a pouch located at the Official Notice Board. Completed protest forms must be delivered to the Race Committee during the Protest Time, which is within one hour of the Race Committee boat returning to the harbor after racing.
- 17.2 For Club-Racing Events, protest hearings will be scheduled at the discretion of the Standing Protest Committee. Special arrangements may be made to hear protests at a different time and, in such case, the parties will be duly notified. For Open Events, whenever possible, protest hearings will be heard the same day as the race or event.

18 SPECIAL RULES

- 18.1 There must be at least three boats in the starting area in order for a race to be started.
- 18.2 Boats may sail or motor backwards for the purpose of de-weeding provided that they do not interfere with any other boats racing in their vicinity and they do not use motor propulsion to gain a significant and/ or unfair position in the race (RRS 42.3i).

19 PRIZES

- 19.1 Prizes may be awarded soon after the conclusion of a race or series for specified events. All Club-Racing event prizes will be awarded at the RStLYC Prize Giving Ceremonies. Prizes will be awarded to the top three finishers for events in which there are five or more competitors, to the top two finishers for events in which there are four competitors and first place if there are three competitors.

Alec Johnson
Sailing Secretary

Denise Biennu
Sailing Chairperson