

INTERNATIONAL SOLING CLASS CANADIAN CHAMPIONSHIPS SAILING INSTRUCTIONS

1. RULES

- 1.1 The regatta will be governed by the rules as defined in The Racing Rules of Sailing.
- 1.2
- 1.3 As permitted by RRS 86.1(c),
a) RRS 42.3 (c) is altered to : Except on a beat to windward, when surfing (rapidly accelerating down the leeward side of a wave) or planing is possible ,the crew may pull the sheet controlling any sail in order to initiate surfing or planing, but not more than twice for each wave or gust of wind. The pumping of the main sheet directly from the mainsheet boom block is permitted. In addition, pumping of the spinnaker guy is permitted at all times without restriction. In this part of the Rule "pumping of the spinnaker guy" means repeatedly trimming and releasing the guy by any means. Moving the body as reasonably necessary to pump the guy is permitted and shall not be considered to be ooching (see RRS 42.2 (c)), nor shall any rolling of the boat caused by such reasonably necessary movements be considered rocking (see RRS 42.2 (b)).
b) RRS 31 is altered to: While racing, neither the crew, nor the crew holding a spar part (such as boom or spinnaker boom), nor any part of a boat's hull nor her safety equipment shall touch a starting mark before starting, a mark that begins, bounds or ends the leg of the course on which she is sailing, or a finishing mark after finishing.
- 1.4 Special Rules:
a) After the warning signal for a race the registered helmsperson shall not leave the helm except in an emergency or with the prior written permission of the Race Committee or Jury.
b) A boat shall not discharge trash into the water. Trash may be deposited on support or race committee boats.
c) Competitors may be required to carry on board cameras, sound equipment or positioning equipment as required by the organizing authority.
- 1.5 Where there is a conflict between languages the English text will prevail. Where there is a conflict between the Notice of Race and these Sailing Instructions, the Sailing Instructions will prevail. This changes Rule 63.7.
- 1.6 Amendments to any of the rules applying to the regatta must be approved and signed by the ISA Liaison Officer appointed for the event.

2. NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board located to the left of the patio entrance facing the lake of RSLYC.

3. CHANGES TO SAILING INSTRUCTIONS

- 3.1 After the beginning of registration the following Sailing Instructions may not be changed: 1, 3, 5.2, 8.3, and 17.
- 3.2 Any change to the sailing instructions will be posted 3 hours before the start of the first race on the day that it will take effect, except that any change to the schedule of races will be posted by 20:00 on the day before it will take effect.

4. SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed hoisted on the RSLYC main flag pole.

- 4.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 1 hour' in Flag AP in Race Signals. This changes Race Signals 'AP'

5. SCHEDULE OF RACES

- 5.1 Racing is scheduled as follows:

<i>Date</i>	<i>Races</i>
September 30	3 Races. Warning at 1100. Subsequent races immediately to follow
September 31	2 Races. Warning at 1000. Subsequent races immediately to follow

- 5.2 5 races are scheduled of which 1 must be completed to constitute a valid championship. A maximum of 4 races per day may be sailed. Code Flag "A" flown at the finish means "no more racing today".
- 5.3 When a second, third, or fourth race will be held on a day the warning signal for that race will be made as soon as practicable.
- 5.4 On the last day of the regatta no warning signal will be made after 1400 hrs.

6. CLASS FLAG

The Class flag will be the class logo on a white background.

7. RACING AREAS

Attachment 1 shows the location of the racing areas.

8. THE COURSES

- 8.1 The diagrams in Attachment 2 show the course, including the approximate angle between legs, the order in which marks are to be passed and the side on which each mark is to be left.
- 8.2 No later than the warning signal, the race committee signal boat will display the approximate distance to Mark 1 and the approximate compass bearing to Mark 1, both measured from the centre of the starting line.
- 8.3 Courses may only be shortened by eliminating the final lap or individual legs of that lap. This changes Rule 32. The segment from the last gate to the finish line (mini reach) is not a leg but part of the last downwind leg of the course.

9. MARKS

- 9.1 Marks 1, 1a (offset mark), 2 and 3 will be orange shapes
- 9.2 New marks as provided in SI 12.1 will be orange shapes
- 9.3 The starting mark may be an orange shape if two boats are not used.
- 9.4 Finishing marks will be a white shape
- 9.5 A race committee boat signalling a change of position of the next mark is a mark as provided in SI 12.2.

10. AREAS THAT ARE OBSTRUCTIONS

11. THE START

- 11.1 Races will be started by using Rule 26.
- 11.2 The Race Committee will display its orange starting line flags approximately 5 minutes before it intends to signal the first warning for each race. This provision will not apply to races that are restarted, postponed, or resailed.
- 11.3 The starting line will be between the staff flying an orange flag on a Race Committee boat on the starboard end of the starting line and an adjacent starting mark or between the staffs flying an orange flag on two Race Committee boats.

- 11.4 A boat starting later than four minutes after her starting signal will be scored Did Not Start. This changes Rules A4 and A5.
- 11.5 If flag U has been displayed as the preparatory signal, no part of a boat's hull, crew, or equipment shall be in the triangle formed by the ends of the starting line and the first mark during the last minute before her starting signal. If a boat breaks this rule and is identified, she shall be disqualified without a hearing but not if the race is restarted or resailed or postponed or abandoned before the starting signal. This changes rule 26.

12 CHANGE OF THE NEXT LEG OF THE COURSE

- 12.1 To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.
- 12.2 Except at a gate, boats shall pass between the race committee boat signalling the change of course and the nearby mark, leaving the mark to port and the race committee boat to starboard. This changes Rule 28.1.

13 THE FINISH

The finishing line will be between a staff displaying an orange flag on a race committee boat and the adjacent mark.

14 PENALTY SYSTEM

- a) The first two sentences of rule 44.1 are changed to: 'A boat may take a One-Turn Penalty when she may have broken one or more rules of Part 2 or rule 31 in an incident while racing. However, when she may have broken one or more rules of Part 2 while in the zone around a mark other than a starting mark, her penalty shall be a Two-Turns Penalty.'
- b) A boat that has taken a penalty or retired shall complete an acknowledgement form at the race office within the protest time limit.

15 TIME LIMITS

- 15.1 The time limits for the leading boat are:
- | <u>Mark 1</u> | <u>Race</u> |
|---------------|----------------------|
| 30 minutes | Courses 1: 2.0 hours |
- If no boat passes the first mark within the Mark 1 time limit the race will be abandoned.
- 15.2 Boats finishing more than 25 minutes after the first boat sails the course and finishes will be scored in accordance with SI 17.4.

16. PROTESTS AND REQUESTS FOR REDRESS

- 16.1 Protest forms are available from the race office. Protests and requests for redress shall be delivered there within the protest time limit.
- 16.2 The protest time limit is 90 minutes after the last boat has finished in the last race of the day. The time at which the protest time limit expires will be posted. The same protest time limit will apply to all protests by the race committee and jury and requests for redress. This changes Rules 61.3 and 62.2.
- 16.3 Notices will be posted within 30 minutes of the end of the protest time limit to inform competitors of hearings in which they are parties or witnesses. Hearings will be held in the MYC Chart Room in the order of receipt (in the absence of unusual or exceptional circumstance).
- 16.4 Notices of protests by the race committee or jury will be posted to inform boats under Rule 61.1(b).
- 16.5 For the purposes of Rule 64.3(b) the 'authority responsible' is the measurer appointed by the organizing authority.
- 16.6 Breaches of SI 11.3, 14 and 18 will not be grounds for protest by a boat. This changes Rule 60.1(a). Penalties for these breaches may be other than disqualification if the jury so decides.

- 16.7 On the last scheduled day of racing a request for reopening a hearing shall be delivered:
- a) Within the protest time limit if the party requesting reopening was informed of the decision on the previous day;
 - b) No later than 30 minutes after the party requesting reopening was informed of the decision on that day.
- This changes Rule 66.

17. SCORING

- 17.1 The Low Points scoring system of Appendix A as amended below will apply.
- 17.2 1 race is required to be completed to constitute a championship.
- 17.3 When fewer than 6 races have been completed a boat's series score will be the total of her race scores. When 6 or more races have been completed a boat's series score will be the total of her race scores excluding her worst score.
- 17.4 If one or more boats finish within the time limit, all boats that finish within 25 minutes after the first boat finishes will be scored according to their finishing places. Boats that finish more than 25 minutes after the first boat finishes will be recorded as DNF [Did Not Finish].

18. SAFETY REGULATIONS

- 18.1 Boats not leaving harbour for the days racing shall inform the race office. A boat that retires from a race shall notify the race committee as soon as possible.
- 18.2 When the Red Cross emblem (a red cross on a white background) is displayed on the race committee signal boat coaches and other team support boats shall collaborate with the race committee in rescue assistance.
- 18.3
- 18.4 Penalties for infringing this SI shall be decided by the jury and may include having to pay the expenses of search and rescue operations.

19. REPLACEMENT OF CREW OR EQUIPMENT

- 19.1 Substitution of competitors will not be allowed without the prior written approval of the Jury. Such approval may be given in case of injury, illness or other non-preventable circumstances or when notified at registration.
- 19.2 Substitution of damaged or lost equipment will not be allowed unless approved by the Race Committee. Requests for substitution shall be made to the Race Committee at the first reasonable opportunity.

20. EQUIPMENT AND MEASUREMENT CHECKS

A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions. On the water, a boat can be instructed by a race committee measurer to proceed immediately to a designated area for inspection.

21. OFFICIAL BOATS

Official boats may be identified by designator flags

22. SUPPORT BOATS

- 22.1 Team leaders, coaches and other support personnel are not allowed within 200m of the starting area or the race course from the preparatory signal until all boats have finished or the race committee signals a postponement or abandonment.

22.2 Support boats shall be identified by displaying their national flag or their national letters (in accordance with rule G1.1).

23. HAUL-OUT RESTRICTIONS

No haul out restrictions

24. DIVING EQUIPMENT AND PLASTIC POOLS

Underwater breathing apparatus and plastic pools or their equivalent shall not be used around boats between the starting signal of the first race and the end of the regatta.

25. COMMUNICATIONS

Neither a boat nor her crew shall make or receive radio, electronic or telephonic communications not available to all boats while racing.

26. PRIZES

27. DISCLAIMER

Competitors participate in the regatta entirely at their own risk: see rule 4, Decision to Race. The race organizers shall not be liable for any loss, damage, death or personal injury howsoever caused to the owner/competitor, his skipper or crew, as a result of their taking part in the races. Moreover, every owner/competitor warrants the suitability of their boat for the races.

28. INSURANCE

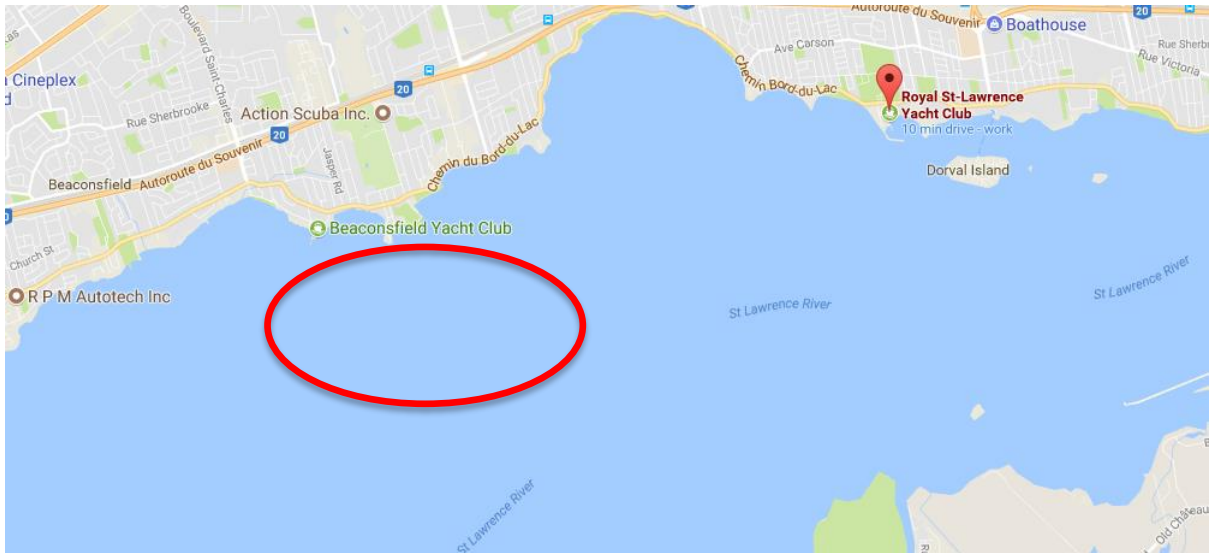
Each participating boat shall have adequate insurance cover specifically including third party liability cover of at least \$1.2Million US Dollars or the equivalent in the currency of the country of registration of the boat.

29. Damages

ATTACHMENT 1

RACING AREAS

(Place here an image of the racing area location in a map and delete this reference.)



ATTACHMENT 2

COURSES

All marks shall be rounded to port except when SI 12.2 applies.

Course 1

Start - 1 - Offset - 3(gate) - 1 - Offset - 3(gate) - 1 - Offset - 3(gate) - Finish

The segment '3(gate) - Finish' is not a leg.

All marks to be rounded to port. Mark 3 may be a gate.

In the first beat to windward (leg number 1) gate is not a mark of the leg.

Course signal: Numeral pennant 1

The length of the first beat will depend on entries quantity

29 entries and under -> 0,7 to 1.2 NM

30 entries and over -> 0.9 to 1.2 NM

The recommended distance is 1NM.

Course 2

Start - 1 - Offset - 3(gate) - 1 - Offset - 3(gate) - Finish

The segment '3(gate) - Finish' is not a leg.

All marks to be rounded to port. Mark 3 may be a gate.

In the first beat to windward (leg number 1) gate is not a mark of the leg.

Course signal: Numeral pennant 1

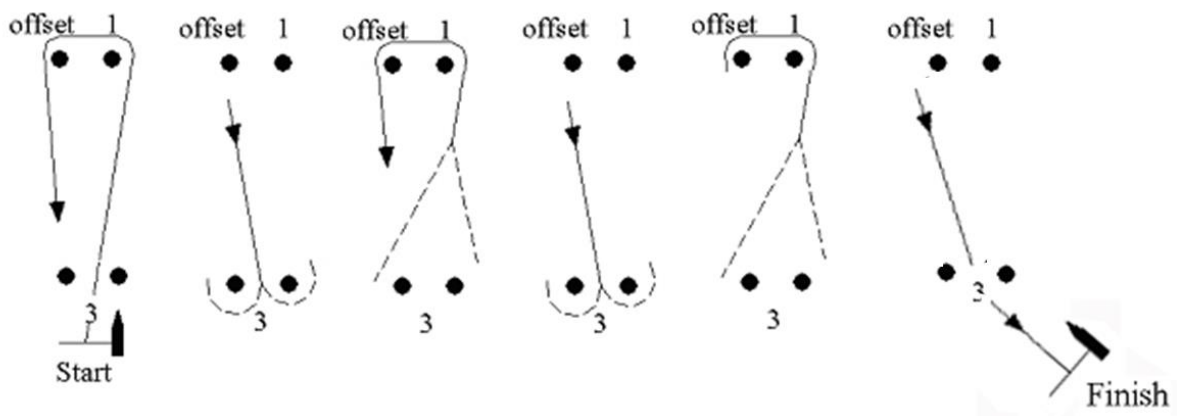
The length of the first beat will depend on entries quantity

29 entries and under -> 0,7 to 1.2 NM

30 entries and over -> 0.9 to 1.2 NM

The recommended distance is 1NM.

Course 1



Course 2

